

FOOT HEALTH DOWNWORD

Answer the clues to find the HIDDEN WORD

2 Put a clean one on each foot every day. (4)

4 If the heels on your shoes are like this you will wobble about. (4)

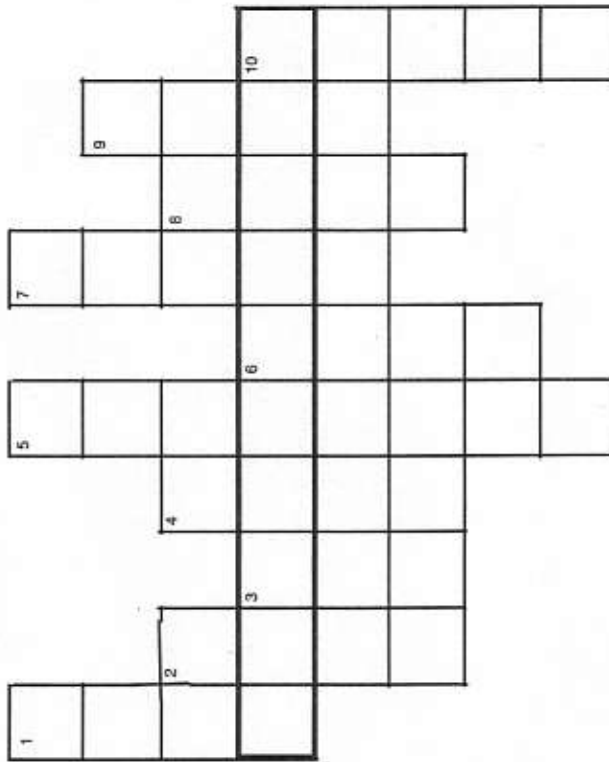


5 You should always cut your nails across. (8)

6 You have five of these on each foot (4)

1 You use this to clean your feet. (4)

10. If your shoes are like this they will make your feet sore. (5)



9 You should do this every day to keep your feet clean (4)

8 Always check that your shoes are enough, as well as long enough (4)

3 Use a towel to do this after washing your feet. (3)

7 You should never cut your toe-nails too (5)